

## **MENTAL HEALTH DISORDERS ON THE RISE**

The COVID-19 pandemic profoundly affected both mental and physical health across the U.S. According to the World Health Organization (WHO), in the first year of the pandemic, the global prevalence of anxiety and depression increased by 25%. Additionally, according to the National Alliance on Mental Illness (NAMI) and the National Institute of Mental Health (NIMH), among U.S. adults:

**1 in 5**

experienced a mental illness - 52.9 million in 2020

**1 in 20**

experienced a serious mental illness

**1 in 15**

experienced both a substance use disorder and mental illness

**>12 million**

had serious thoughts of suicide

## **COMBATING THE MENTAL HEALTH CRISIS AND HELPING THOUSANDS ON THEIR RECOVERY JOURNEYS**

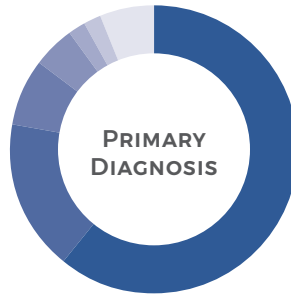
The Odyssey Psychiatric Network is committed to providing compassionate, comprehensive, and the highest quality individualized psychiatric and psychotherapeutic care for adults of all genders who suffer from mental illness, substance use disorder, and dual diagnoses while maximizing social functioning in the real world. Our full continuum of care is delivered in home-like settings to help each client feel safe, comfortable, and supported in their recovery journeys. Our Psychiatric Network offers long-term, sustainable solutions to help our clients achieve optimal levels of health and independence.



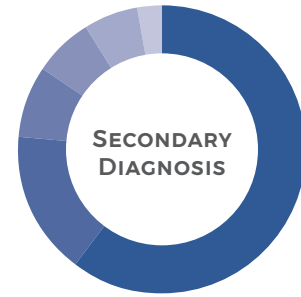
## OUR 2021 CLIENT DEMOGRAPHICS

**1,036 TOTAL DISCHARGES**

**66.5%**  
Residential clients successfully completed programming



- Mood Disorder: 60.9%
- Thought Disorder: 16.9%
- Substance Use Disorder: 7.6%
- Personality Disorder: 4.6%
- Trauma: 2.1%
- Autism Spectrum Disorder: 1.8%
- Other: 6.1%



- Mood Disorder: 43%
- Substance Use Disorder: 11.4%
- Thought Disorder: 5.6%
- Personality Disorder: 4.8%
- Trauma: 4.4%
- Autism Spectrum Disorder: 1.8%

## BASIS-24 ASSESSMENT

Our network uses BASIS-24 to identify a wide range of symptoms across the diagnostic spectrum. Using a five-point Likert scale, the 24 questions are scored using a weighted average algorithm that gives an overall score and scores for six subscales that cover the following domains: depression, relationships, self-harm, emotional lability, psychosis, and substance abuse. The questionnaire was administered at admission, mid-treatment or every 30 days, and again at discharge.

When compared to 23,172 residential treatment cases across comparable facilities nationwide, the Odyssey Psychiatric Network outpaced multiple industry benchmarks and helped thousands of clients progress in their recovery journeys in 2021. We're looking forward to Silver Pines becoming part of future outcomes reports.

**↓ 36%**

Across our Psychiatric Network\*, our clients experienced a **36% overall reduction in symptom severity** from admission to discharge

Our Psychiatric Network\* facilities exhibited reductions in patient symptoms across all subscales.



\* Current outcomes reports include Clearview, Lifeskills, and Pasadena Villa.



## CLEARVIEW TREATMENT PROGRAMS

### REDUCTION IN SUBSTANCE ABUSE

Clearview clients experienced a 58% reduction in substance abuse

↓ **58%**

### REDUCTION IN SELF-HARM

Clearview clients experienced a 39% reduction in self-harm

↓ **39%**

### REDUCTION IN PSYCHOSIS

Clearview clients experienced a 36% reduction in psychosis

↓ **36%**

## LIFESKILLS SOUTH FLORIDA\*\*

### REDUCTION IN SELF-HARM

Lifeskills clients experienced a 64% reduction in self-harm

↓ **64%**

### REDUCTION IN SUBSTANCE ABUSE

Lifeskills clients experienced a 49% reduction in substance abuse

↓ **49%**

### REDUCTION IN DEPRESSIVE SYMPTOMS

Lifeskills clients experienced a 44% reduction in depressive symptoms

↓ **44%**

## PASADENA VILLA

### REDUCTION IN SUBSTANCE ABUSE

Pasadena Villa clients experienced a 69% reduction in substance abuse

↓ **69%**

### REDUCTION IN DEPRESSIVE SYMPTOMS

Pasadena Villa clients experienced a 54% reduction in depressive symptoms

↓ **54%**

### REDUCTION IN EMOTIONAL LABILITY

Pasadena Villa clients experienced a 48% reduction in emotional lability

↓ **48%**

\*\* In addition to BASIS-24, Lifeskills leverages a battery of inventories to measure changes in behavior and functionality along with a 3-year longitudinal study to evaluate client progress over time. Learn more by visiting [lifeskillssouthflorida.com/outcomes](https://lifeskillssouthflorida.com/outcomes).



Founded in 2000, Clearview provides mental health and addiction treatment for adults at residential and outpatient levels of care.



Venice, CA



All Genders, Ages 18+



[clearviewtreatment.com](http://clearviewtreatment.com)



Established in 1991, Lifeskills offers customized intensive residential and outpatient programs for adults suffering from mental health and substance use disorders.



Deerfield Beach, FL



All Genders, Ages 18+



[lifeskillssouthflorida.com](http://lifeskillssouthflorida.com)



*Psychiatric Treatment Network*

With over 25 years of clinical expertise, Pasadena Villa provides a full continuum of evidence-based residential and outpatient programs for adults with complex psychiatric and autism spectrum disorder.



Orlando, FL &  
Sevierville, TN



All Genders, Ages 18+



[pasadenavilla.com](http://pasadenavilla.com)



Founded in 2017, Silver Pines provides detoxification and residential levels of care for adults suffering from addiction and mental health disorders.



Mahanoy City, PA



All Genders, Ages 18+



[silverpinestreatmentcenter.com](http://silverpinestreatmentcenter.com)

As a part of Odyssey Behavioral Healthcare, the Odyssey Psychiatric Network consists of clinically and geographically diverse centers providing individualized, high-quality care for adults suffering from mental illness, substance use disorder, and dual diagnoses.



**Odyssey Behavioral Healthcare**  
105 Westpark Dr, Suite 410  
Brentwood, TN 37027

[odysseybehavioralhealth.com](http://odysseybehavioralhealth.com)