



Clearview Outpatient-Pasadena specializes in treating adults, 18 years and older, who struggle with various mental disorders, including but not limited to anxiety disorders, depression, bipolar disorder, mood disorder, post-traumatic stress disorder (PTSD), personality disorders, co-occurring autism spectrum disorder (ASD) and co-occurring substance use disorder.

Levels of Care

Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

What We Treat

- Anxiety Disorders
- Bipolar disorder
- Depressive Disorders
- Emotional Dysregulation
- Post-Traumatic Stress Disorder (PTSD) & Complex Trauma
- Personality Disorders including Borderline Personality Disorder (BPD)
- Self-harm
- Suicidal Ideation
- Co-occurring Autism Spectrum Disorder (ASD)
- Co-occurring Substance Use Disorder

Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
- Alternatives for Families Cognitive Behavioral Therapy (AF-CBT)
- Individual Cognitive Behavioral Therapy (I-CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive Art Therapy
- Prolonged Exposure (PE)
- Managing and Adapting Practice (MAP)
- Seeking Safety
- Music Therapy
- Cinema Therapy

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

Payment Options

We offer a variety of payment options including in- network, out-of-network, and private-pay rates. Call us at 626.507.6632 to discuss financial and insurance options.

Clearview Outpatient – Pasadena provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 626.507.6632.

All calls are 100% confidential.



Clearview
OUTPATIENT *Pasadena*



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Commission
Accredited

Clearview Outpatient – Pasadena
200 S Los Robles Ave
Pasadena, CA 91101

odysseyoutpatient.com/pasadena



Clearview Outpatient – Pasadena is a proud part of the Odyssey Outpatient Network.